

## ICBC Information and Checklist

Please try to have the following information with you for your first appointment.  
This information is required to bill ICBC and to assist us in supporting your recovery.

- ☐ Please fill out our initial intake form for car accidents: available at the office and on our website ([pinemassage.ca](http://pinemassage.ca) - in the 'Client' section)
- ☐ ICBC adjuster's name/team number and phone number
- ☐ ICBC claim number
- ☐ Date of accident
- ☐ Personal Health Number
- ☐ Lawyer's name and phone number - If you have hired a lawyer we may need to communicate on billing or communication protocols
- ☐ Any diagnostic information and results: x-rays, CT scans, MRI scans, etc...
- ☐ Any additional therapy or treatment you are receiving: physiotherapist, chiropractor, etc...
- ☐ Doctor's referral: You do not require a doctor's referral to begin treatment for your injuries. ICBC allows the first 12 visits to occur without a doctor's referral. The following 8 visits, if needed, will require a doctor's referral in order for us to bill ICBC directly. ICBC will allow us to directly bill a total of 20 visits.

ICBC will pay a \$23 + GST portion of each visit up front. You will be responsible for the difference. Please keep all your receipts, as further reimbursement from ICBC may be possible when you settle your claim.

Please note that this is a mere checklist of items which will help you understand your claim and how it is processed with ICBC. Some of the items on the checklist may not be applicable to you at the time of your injury but may apply as time goes on.

If you have any further questions, please do not hesitate to ask and we will do our best to answer them.

Thank-you,

Pine Massage Therapy